



APE

Last week we looked at the APE format. Here's a sample submitted by a student.

Based on information in the article and your own knowledge, explain why it is important for people with ADHD to understand their condition.

Notice how the student addresses the 3 parts of APE in his response. The sentences have been colour-coded for you.

- A** Answer the question using part of the question in your answer.
- P** Prove it. Start this sentence with, "The *text* says that".
- E** Explain your point. Start this sentence with the word 'If'.

People with ADHD should understand their condition because they can advocate for themselves. They can ask for exactly what they need and understand why they need it. The article says that people who do not understand the condition are often looked upon as bad. If people with ADHD don't understand their condition, they cannot properly inform other people of their situation.